

## SEMINARS-DISCUSSION

### Reflections on the work of Katsumi Mamine

#### Course 2020-21

- **1st session** 30 April 2021. Theme: ***Yo espontáneo y yo vestido*** – [Link to texts](#) – [Link to the video](#)
- **2nd session** 28 May 2021. Theme: ***Yo espontáneo y yo vestido (continuation)*** – [Link to texts](#) – [Link to the video](#)
- **3rd session** 2 July 2021. Theme: ***Yo espontáneo y yo vestido (continuation-2)*** and la ***Manifestación del ego vista desde SEITAI*** – [Link to texts](#) – [Link to the video](#)

#### Course 2021-22

- **1st session** 5 November 2021. Theme: Text written by Katsumi Mamine, for the members of the Foundation (in spanish) – [Link to text](#) – [Link to the video](#)
- **2nd session** 3 December 2021. Theme: The well-known expressions of Katsumi Mamine: “**Inventen**” and “**Cada uno es su propio maestro**”. (in spanish). [Link to text](#) – [Link to the video](#)
- **3rd session** 4 February 2022. Theme: **El movimiento vertebral** [Link to texts](#) (in spanish) – [Link to the video](#)
- **4th session** 4 March 2022. Theme: **Vertebral movements (2): Psychic movement.** [Link to text](#) (in spanish) – [Link to the video](#)
- **5th session** 1 April 2022. Theme: Share memories, experiences and anecdotes on the anniversary of the birth of master Katsumi Mamine.
- **6th session** 6 May 2022. Theme: **Pecto-ventral breathing** – [Link to text](#)
- **7th session** 3 June 2022. Theme: **Pecto-ventral breathing (continuation)**– [Link to text](#)– [Link to the video](#)